

An illustration at the top of the page shows a yellow fly with large eyes and wings flying towards the left. A blue fly swatter is positioned to the left of the fly, with a yellow dashed line indicating the fly's path towards it. The background is a light blue gradient with white curved lines.

# Shoo the Flu

## WHY do I need a flu shot?

Complications from the flu kill thousands of Americans every year. Getting a flu shot will decrease the likelihood that you will catch the flu. As a result, you lower the chances that you will pass it on to your co-workers or take it home to your family and friends.

## WHO should get a flu shot?

Anyone who wants to avoid getting the flu, especially:

- People over 65 years old, or people at any age with a chronic health condition such as heart disease, lung disease, diabetes, kidney disease, asthma, cancer, and HIV/AIDS, as well as women who will be pregnant during the flu season
- Children ages 6 months - 5 years of age, (check with physician)
- Household companions and caretakers of people listed above
- Healthcare workers

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