

KEEPING YOUR CHILDREN SAFE FROM DISEASE WHAT YOU NEED TO KNOW NOW!

Contrary to popular belief, people between the ages of 11 and 19 are not done being “immunized” against diseases like measles and tetanus. The reality is that people between the ages of 11 and 19 need immunizations and injections for tetanus-diphtheria, hepatitis B, chickenpox, measles-mumps-rubella, “flu” and pneumonia. For college-bound students, failure to receive a meningitis shot could prove to be fatal. *Bacterial Meningitis is a vaccine preventable disease.*

Getting immunized is a life-long, life-protecting job. You can help insure your child or dependent’s well being by following the recommendations noted below.

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| √ | HEPATITIS B (Hep B) | Required for: All children before entering 6th grade. “Catch up” to enter college. Doses: Three Hepatitis B vaccine injections. |
| √ | MEASLES, MUMPS, RUBELLA (“MMR”) | Required for: Prior to entering school. Doses 2 - Your doctor can verify the number you have been given. |
| √ | TETANUS, DIPHTHERIA (T’d) (“tetanus shot”) | Recommended for: Children 11-16 need a booster dose of T’d if it has been 5 years or more since their last dose. |
| √ | VARICELLA (“Chicken Pox”) | Required for: Entry into school. Check with your doctor. You must have documentation that you “ had chickenpox ” or get vaccinated. |
| √ | MENOMUNE A/C/Y/W-135 (“Meningitis Shot”) | Recommended for: Students going to college and living in a dormitory. (Required or recommended by most colleges.) Travel to meningitis outbreak areas. Doses: One (no booster needed unless traveling to “outbreak” regions). |
| √ | INFLUENZA VACCINE (“Flu Shot”) | Recommended for: People with chronic health problems, such as asthma, diabetes, heart disease, or people “at risk”. Dose: Annual |