

At the all-new Karmanos Cancer Institute at McLaren Greater Lansing, patients will find features for safety and comfort including a dedicated oncology entrance and multidisciplinary exam rooms where you can see several specialists in one visit. We put everything we know about fighting cancer into this space, because every patient deserves their best chance.

Karmanos Cancer Institute at McLaren Greater Lansing - Radiation Oncology

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Karmanos Cancer Institute at McLaren Greater Lansing - Medical Oncology and Hematology

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- Layhe, Beth, DO
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- Bowers, Heather, NP-C
- Gennette, Ryan, NP-C
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Karmanos Cancer Institute at McLaren Greater Lansing - Hematology

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Karmanos Cancer Institute at McLaren Greater **Lansing - Infusion Center**

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Oncology Nurse Navigators

Karmanos Cancer Institute at McLaren Greater Lansing has a team of oncology nurse navigators who are here for your patients during their oncology health care journey. Our navigators can act as a resource for information, identify ways to pay for care, help track appointments, and direct patients to further health care services.

- Address patients questions and concerns
- Link patients to resources regarding insurance and payment assistance
- Refer patients to transportation services, if needed
- Direct patients to further health care services
- Identify helpful local resources and support services
- Help track appointments
- Act as a resource for helpful health care information for the patient and their family

FROM EVERY STRUGGLE
TO EVERY CHALLENGE,
WE BELIEVE CANCER
IS A BEGINNING. AND
WE'RE WITH YOUR
PATIENTS EVERY STEP
OF THE WAY.





Breast Cancer Nurse Navigator Sarah Barber, RN (517) 975-6432 sarah.barber1@mclaren.org



Lung/Esophageal Cancer Nurse Navigator Becky Loomis, RN, BSN (517) 975-8030 becky.loomis@mclaren.org



GI, GYN Oncology Nurse Navigator Katelin Ivison, RN, BSN, OCN (517) 975-7808 katelin.ivison@mclaren.org



GU and Head and Neck Oncology Nurse Navigator Patrick Fox, RN, BSN (517) 975-7815 patrick.fox@mclaren.org



Oncology Screenings

Lung Cancer Screening

Patients who are at an increased risk of lung cancer and should be screened includes:

- Adults ages 50-77 who are current or former smokers.
- Asymptomatic (no symptoms such as fever, chest pain, new shortness of breath, new or changing cough, coughing up blood, hoarseness, or unexplained significant weight loss).
- A current or former smoker with at least a 20 pack-year smoking history. For example, smoking one pack of cigarettes a
 day for 20 years.
- Former smokers or those who have quit within the last 15 years.

Order the CT lung cancer screening in Cerner and complete the CT lung cancer screening referral form.

Breast Cancer Screening

Most female patients should have a yearly breast cancer screening if they:

- Are 40 years or older.
- Have a family history of breast cancer, especially a first or second-degree relative who has had the disease.
- · Have a personal or family history of certain genetic mutations.
- Have dense breasts.
- · Are considered high risk for breast cancer.

Colon Cancer Screening

Generally, patients at average risk should begin screening at age 45 and continue every 10 years. Those at an increased risk may begin screening sooner and continue with more frequency. Patients are also encouraged to speak with their physician about colonoscopies if they:

- · Have had colorectal cancer before.
- Have a history of ovarian, uterine, or breast cancer.
- Have a family history of colorectal cancer or other genetic factors (e.g., Lynch syndrome or familial polyposis).
- Have a personal history of colorectal polyps.
- Have inflammatory bowel disease (IBD), also known as Crohn's disease or colitis.
- Are obese and/or are physically inactive.
- Are regular tobacco or alcohol users.
- Have a diet that is high in fat or high in red or processed meat and low in fiber, calcium, fruit, and vegetables.
- Have Type 2 diabetes.

Prostate Cancer Screening

It is recommended that male patients begin screening for prostate cancer if your patient is:

- Age 45 for men at high risk (African Americans or those with a first-degree relative with prostate cancer at an early age less than 65).
- Age 50 with an expected life expectancy of approximately 10-15 years. Screening for men over the age of 70 should be individualized to those with a life expectancy of over 10 years.

Cervical Cancer

- Routine human papillomavirus (HPV) and Papanicolaou testing (Pap test) is important for female patients. Generally, women between the ages of 21 and 29 should have a Pap test every three years.
- Women between the ages of 30 and 65 should have a Pap test and an HPV test every five years or a Pap test alone
 every three years.
- Women age 65 and older who have had regular screenings and normal results can cease screening.

Gynecological Oncology

At Karmanos Cancer Institute's gynecologic oncology clinic, we evaluate each patient as a unique individual and review all options with them to customize their treatment plan and optimize their care.

- Cervical cancer
- Endometrial cancer
- · Gestational trophoblastic disease
- Ovarian cancer including fallopian tube and primary peritoneal cancers
- Preinvasive dysplasia of the lower genital tract (cervix, vulva, and vagina)
- Vulvar cancer

THREE TEAMS. ONE HOME.

McLaren, Karmanos, and MSU Health Care bring the future of cancer care to Lansing.



Medical Oncology and Hematology

Karmanos Cancer Institute at McLaren Greater Lansing in partnership with MSU Health Care have opened doors to new frontiers in cancer care and research for the Greater Lansing communities.

MSU Health Care physicians join Karmanos physicians in the state-of-the-art cancer center on McLaren's health care campus to offer medical oncology and hematology services to our patients.

- Medical oncology/Chemotherapy
- Hematology
- Diagnostic imaging
- Genetic counseling
- Radiation Oncology
- Y90 therapy
- Support groups
- Oncology nurse navigators



